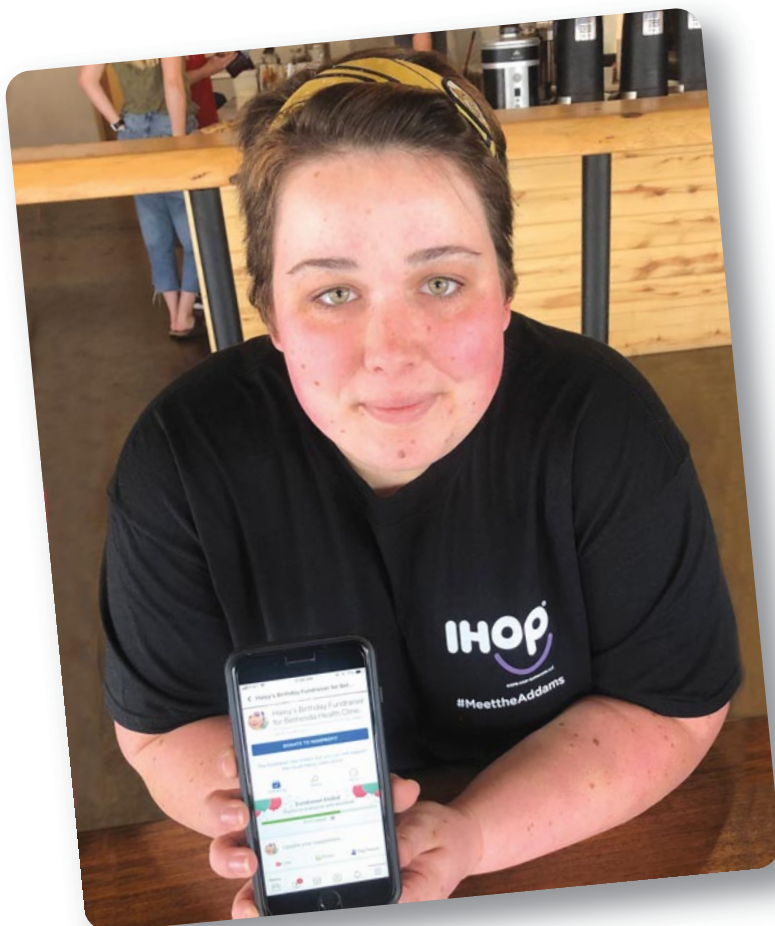




Bethesda

HEALTH CLINIC

GIVING BACK



PATIENT HOSTS FACEBOOK BIRTHDAY FUNDRAISER

HALEY GRIFFITH began her relationship with Bethesda as a patient. Now she's a donor, and she feels like she's doing God's will.

Not so long ago, 25 year old Haley was a waitress at a local restaurant, living paycheck to paycheck, trying her best to work and stay above water. Everything was going okay until she got sick.

"I had a fever and was sent home from work," she recalls. "They told me I couldn't come back until I had been seen by a doctor. I didn't have health insurance so I didn't know how that was going to happen." Realizing that a simple doctor's appointment could cost upwards of \$100, Hailey searched for an alternative and found Bethesda. "I completed all the paperwork and was seen that same day," she said.

Haley went back to work, and back to her routine, but then she had a really bad day. "I had an anxiety attack," she said. "I couldn't talk, I couldn't breathe. I felt like I was drowning."

Haley turned to Bethesda again looking for answers.

"I was diagnosed in college with ADHD (Attention Deficit Hyperactivity Disorder) and had been prescribed medicine as needed," Haley said. "Unfortunately, no one told me this was something I would have to deal with for the rest of my life." Haley also didn't understand the connection between ADHD and depression. "When you have ADHD,

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many times you get told that you just need to calm down, or try hard, and that adds to the depression over time.”

At Bethesda, Dr. John English helped get Haley on a path to recovery.

“Dr. English was very understanding,” Haley recalled. “He was so good about listening, and he never acted like something was wrong with me. With Dr. English’s help, I was prescribed medication to create a balance between my ADHD, anxiety and depression, so I could get back to functioning,” she said. “And it worked!”

As she improved, Haley got a better job with health insurance. Knowing she was no longer going to be a patient at Bethesda, she wanted to do something to give back. The perfect opportunity presented itself with Facebook.

“My birthday was coming up and Facebook notified me that I could do a fundraiser for a charity,” she said. “I found Bethesda on the list of approved charities which was great, because I wanted to do something for the organization that had done so much for me.”

When Haley created her Facebook fundraiser, she had no idea what to expect, and she was thrilled with the \$137 her social network raised for Bethesda.

“I didn’t think I would raise that much, and it was really overwhelming” she added. “I was able to be a catalyst for something good. Helping raise money for Bethesda Clinic feels like I am actually doing God’s will, and THAT is a really good feeling!”



A NOTE FROM JOHN

We hear the word “community” a lot, so much that it seems over-used. But the concept of “community” is an important part of the mission and culture of Bethesda Health Clinic.

Throughout this newsletter you will see example after example of what the community of Bethesda supporters does and what it means to those we serve. Donors and friends came together in September for the annual Birthday Bash, whose proceeds support the work of the clinic. These private dollars, not government grants, are essential to our ability to care for our community of patients. Dr. David Carney and his volunteer physician colleagues in the medical community provide invaluable donated care and expertise at Bethesda. The Friday dental clinics are funded by community Rotary Clubs and by Tejas Missions, supporting a special group of patients who are in rehab and trying to improve their lives. Touchingly, Bethesda patient Haley Griffith created a Facebook fundraiser as her way to “give back” to the community of those who had helped her so much.

These gifts and so many others, from our **COMMUNITY**, from churches, from individuals, from businesses, from patients and from the donated expertise of the medical community, help Bethesda to care for and support our neighbors in THIS community right here at home.

Yes, as over-used as the word “community” can be, Bethesda IS truly a community. Volunteers, staff, patients, medical and dental professionals, and you, our friends and supporters, all come together to create this community. Together we are making a difference and changing lives in this community we call home.

with a Giving Heart

EVERYONE DESERVES A SECOND CHANCE

OUTREACH DENTAL CLINICS IMPACT EAST TEXANS AT BETHESDA

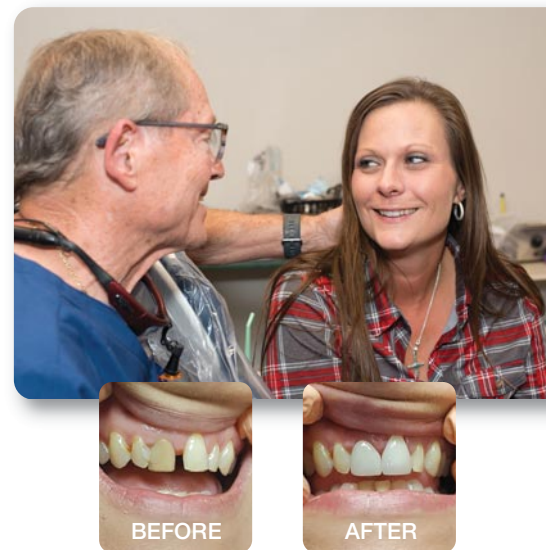
A smile is one of the first things you notice about a person, but for some people, it's not something they want to share.

Bethesda Clinic is working to change that by hosting free Friday dental clinics for East Texans in rehabilitation programs. Dr. David Nichols, a local dentist and volunteer at Bethesda, came up with the idea as a way to perform local missions work and help those in need. He said, "It is important to me to be part of mission work and that is why I have been doing it for over 30 years. I realized that there were people right here that are unable to work and don't fit the typical mold of a Bethesda patient, but still need help. The Friday clinics are for them. Even though they are not working now, it doesn't mean they won't be in the future, and they need our help."

The Friday dental clinics were held throughout August and September and benefited clients from Creation Recovery Home, Highway 80 Rescue, Rahab's Retreat and Calvary Commission. The services were funded by several local groups, including Sunrise Rotary, Tejas Missions and South Tyler Rotary.

"It was such a blessing to see what Bethesda has been able to do," said Patricia Riley with Calvary Commission. "These men and women are at our ministry to change their lives. One of the international signs of friendship is a smile and Bethesda helped restore their smiles. It helped to boost their self-esteem and increase their faith. One of our clients was so touched he could not believe someone would help him with something he had been struggling with for years. He had been trying to get help with his teeth for a long time and every door he tried to enter closed. I am so grateful because you took the worst dental problems we had at our ministry and fixed them all. May the Lord continue to bless this wonderful ministry called Bethesda or better known as House of Mercy."

Forty patients were given much-needed dental treatment, including cleanings, extractions, partial dentures, fillings and more.



“
Words cannot describe how grateful I am for Bethesda. It makes me feel so blessed. I have prayed for this for two years.

”
Crystal Webb, Bethesda dental patient

2019 Birthday Bash



Dr. John English, Jeff Abeldt, Brian Brandt



Nick Pesina, Amanda Folmar, Kent Willis, Shannon Dacus, Bryan Houston



2019 Celebrity Cake Decorators Brian Brandt, Chief David Coble, Marilyn Abegg Glass, Judith Guthrie, Barbara Bass, Dr. Jerry Putman, Chief Jimmy Toler, Jordan Meads, Ross Sherman

"An Evening of Heroes"



Kelley and Lonny Uzzell



Jeanette Calhoun,
Marilyn Abegg Glass, Dr. Kirk Calhoun



Laurie Rossman, Erin Byers



Jeff Johnston, Chief Jimmy Toler



Jordan and Amy Meads,
Byron and Nita Meads



Diana Jones



Judith Guthrie, Judy Soules



Kim Braly, Robert and Rachel Means



Agnes Ward, Dr. Noah and Helen Israel,
Dr. Rachel and Matthew DeVaney, Blake Underwood



Dan, Tania, Meghan
and Eden Willson



Philip and Kristan Humber,
Stephanie and Jason Mazingo



Cailyn Taylor, Andrew Florey,
Rex Swinney, Travis Bannon



Michael Lujan, Ross and Cindy
Sherman, Joanna Neal



BECOME A MONTHLY DONOR and help provide hope and healing to hard-working, low income East Texans.

Pillars of Bethesda donors provide the foundation of Bethesda Clinic's financial support. Through monthly donations, you can support crucial programs and give tangible hope to your uninsured and underinsured neighbors.

When you join Pillars of Bethesda, you will join a special network of donors committed to providing Christ-centered care for the whole body – physical and spiritual. Together, we can provide affordable healthcare to working, low-income adults in East Texas. **Any amount helps, and no gift is too small to make a difference in the lives of others.** Join **Pillars of Bethesda** today and enjoy:

- Hassle-free monthly donations
- The ease of mind that comes from knowing that your gift is making a huge impact.
- Quarterly newsletters with updates about Bethesda Clinic
- The ability to change your donation at any time

To join Pillars of Bethesda, simply go online to www.bethesdaclinic.org and click "DONATE MONTHLY." Your account information is kept safe and secure. You can also call Megan Riaz at 903.721.0751 to set up a monthly gift.



ROCKY GILL *(Monthly giver of eleven years through Express Employment Professionals)*
"It's important to me to give monthly because, as a business owner, I understand the need to have revenue you can count on. Expenses go on whether there is support there or not and that's why I have given to Bethesda all of these years."

"The services that Bethesda offers are very, very important. We have a fairly large population of people in Tyler and Smith County who don't have insurance. It's not because they are lazy, or not willing to work; many times they are working multiple jobs. Those of us who have resources to give to those people and help with their healthcare is part of giving back. If I were in their shoes I would want someone to help me."



ALAN ROSEMAN *(Monthly giver of two years through Roseman Wealth Advisors)*
"We like giving monthly because it's our way of saying this is our first fruits. It's an exciting step of faith to not wait until the end of the month or the end of the year, but to take that step to say we are going to do this from the beginning and make it a priority."



Pillars of Bethesda

Your Gift Goes
a Long Way

\$20

Just \$20 per month can subsidize the cost of a gynecology exam for a young mom.

\$50

Primary care is our most sought-after service. Giving \$50 per month can subsidize the unfunded amount of doctors' visits to treat various problems from the common cold to diabetes.

\$100

As dental needs continue to expand, so do our services. Your gift of \$100 can subsidize an extraction for someone who is in so much pain they cannot go to work.

100% of your monthly donation goes directly to fund patient programs and not to fund administrative expenses.

GRATITUDE IS THE ICING IN LIFE



Dr. David Carney is **grateful** for many things.

As an orthopedic surgeon, Dr. Carney practiced independently in Tyler for more than 31 years in a profession he found challenging and rewarding and for which he is very **grateful**. When Dr. Carney retired, Dr. John Walker urged him to join him in volunteering at

Bethesda, and Dr. Carney admits that he did so in part because Dr. Walker told him to, and he has found through the years that Dr. Walker was always right!

Dr. Carney is **grateful** that he is in a season of life in which he can continue to use his skills to continue to help people and grateful that his volunteer work at Bethesda affords him the opportunity to do both.

"The patients at Bethesda are so **grateful**," Dr. Carney says. "They are working hard and trying to improve their lives and hopefully I am helping them do just that." At the clinic, Dr. Carney is able to do procedures that require only local anesthesia, attending to dislocated joints, carpal tunnel surgery, small bone fractures, removal of cysts, etc. After these procedures, patients' ability to work and function are much improved.

"We have a large volume of patients who have orthopedic problems and this affects their ability to work. I am grateful for Drs. David Carney, John Walker and Todd Raabe for volunteering at Bethesda, and for the physicians at Azalea Orthopedics who see patients that have issues we are not able to address on site at the clinic. This is such a valuable service for our patients who feel the need to get back to work as soon as possible" says Dr. John English.

"**Gratitude is the icing in life,**" Dr. Carney says and gratitude surrounds us every day at Bethesda Health Clinic. We are blessed by grateful patients, grateful volunteers, and a community that is grateful for the mission and ministry.

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these events or
Bethesda Health Clinic,
contact us at:*

409 W. Ferguson

Tyler, TX 75702

903.596.8353

www.bethesdaclinic.org



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S A V E T H E D A T E

THE DOCTOR LUKE SOCIETY OF BETHESDA HEALTH CLINIC

SATURDAY, FEBRUARY 22, 2020

HALF PAST SIX IN THE EVENING

WILLOW BROOK COUNTRY CLUB

HONORING

James R. Cotton, M.D.

and

W. Herd Snider, M.D.

BY RESERVATION ONLY

FOR MORE INFORMATION CONTACT

DTHOMASON@BETHESDACLINIC.ORG